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PATIENT INFORMATION REGARDING GASTROSCOPY PROCEDURE

Gastroscopy is a simple and safe investigation that examines the inside of your oesophagus, stomach and duodenum.

It involves the passage of a thin flexible tube via the mouth.

A biopsy (small tissue sample) maybe taken for the specialist pathology examination. You will be administered an injection into a vein, to make you relaxed and drowsy and you may remember little of the test.

How to prepare for a gastroscopy?

6 hours of fasting is required prior to your procedure. No water or food should be consumed.

Acid-reducing medication must be stopped **5 DAYS** before the gastroscopy.
E.g. Nexium, Somac, Pariet, Losec

Blood thinners must be stopped **7 DAYS** before the gastroscopy.
Consult with your GP, specialist/cardiologist or MDC doctor if it is okay to be stopped.
Medication such as Aspirin, Cartia, Cardiprin are okay to continue taking up until the procedure.
E.g. Plavix, Eliquis, Warfarin, Xarelto – have to stop

Please consult with your doctor if you are on any regular medications.